



FREE TO

believe?

40 TESTIMONIES FOR LENT

FREE TO

believe?

“Everyone has the right to freedom of thought, conscience, and religion,” states Article 18 of the Universal Declaration of Human Rights. Yet this right is denied to many across the Middle East and North Africa (MENA), where believers can face harassment, isolation, imprisonment, violence and even death.

But SAT-7 is standing in the gap. Our teaching, prayer and televised church service programmes reach millions across the region, offering encouragement and discipleship to Christians who may have no church to attend, no safe way to find fellowship and no Christian materials.

And we don't stop there – **our dedicated viewer support teams are always on hand to respond to the thousands of viewers who contact SAT-7 each year,** offering a listening ear and prayerful advice via phone, social media and encrypted messaging apps.

In this booklet **we'll share with you forty of these messages from viewers, one for each day of Lent.** You'll meet viewers from across the MENA – some watching SAT-7 in secret, some earnestly seeking God but not sure where to start, some who have recently come to faith and need support as they grow, others who are determined to share the Gospel with those around them.

Each day, we invite you to read that person's story along with an accompanying Bible verse, to reflect on what you've read and to spend some time in prayer for that person and their situation.

We don't always know much more than the person's name and their brief message – but we have faith that God knows exactly who they are and that He will draw alongside them by His Spirit when we pray. Please also pray for the many millions of viewers whom we will never hear from – that God works powerfully in their lives too.

As we read these precious stories together during Lent, we also invite you to spend time **reflecting on your own story of faith**. Each Sunday, we'll ask you a different question to prompt you to think about how you came to meet Jesus yourself and the difference He makes in your life. We hope you find this an encouraging exercise! It may even help you to share your story with others.

However and wherever we first came to know Jesus – whether through friends or family, attending church, at university or through a television screen in the Middle East – we are all one in Him, and we all believe in the same powerful Jesus who lived, died and rose again to set us free.

PLEASE NOTE: All names in this booklet have been changed for security, and all images of people have been used for representation only and do not show the real people involved.



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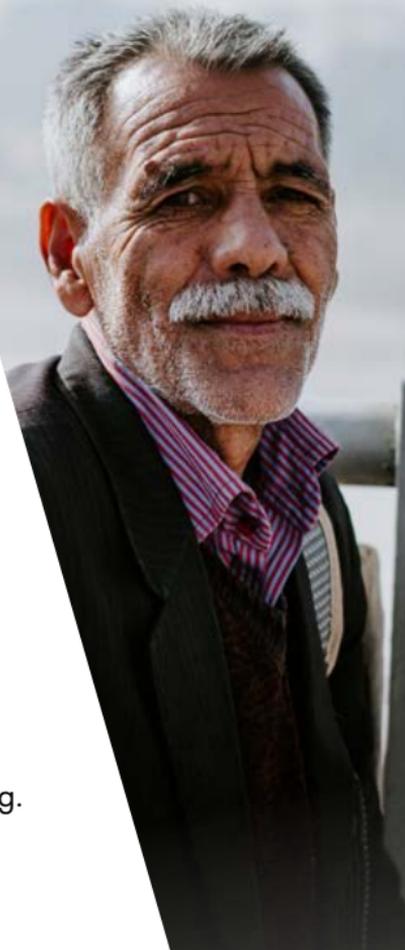
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Pray for Mansour in Iran:

"Before I came to faith, I was completely self-centred, drowning in sin and living outside of God's perfect will. My life was empty, aimless and devoid of meaning. When Christ entered my heart, from the very beginning He worked miraculously to bring about change in the very makeup of my character. His work transformed me. I had been spiritually dead and felt dead physically too, and Jesus brought me new life and freed me. Today I have a new identity in the Lord and feel the presence of Jesus Christ with all my being. I am so grateful to the Living God for the new identity He has granted me."



"Therefore, if anyone is in Christ, the new creation has come: the old has gone, the new is here!"

2 CORINTHIANS 5:17

Elissa

THURSDAY 18 FEBRUARY

Pray for Elissa, a young viewer of SAT-7 KIDS:

"I want to send this message to the *Allo Marianne* programme. Although I'm a Muslim, I watch this programme and learn a lot from it. I like the way you deal with the children and you make us happy. I love you with all my heart. Thank you."

"Jesus called the children to him and said, 'Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these.'"

LUKE 18:16



Sereena

FRIDAY 19 FEBRUARY

Pray for Sereena in Lebanon:

"Greetings to you. I would like to share that my son and husband were like Saul but by God's grace they now know the Lord. My husband and I are now reading the Bible together. I am so thankful, because the Lord heard my prayers for 27 years. And now my household and I serve the Lord."

"Choose for yourselves this day whom you will serve... But as for me and my household, we will serve the LORD." JOSHUA 24:15



Maria

SATURDAY 20 FEBRUARY

Pray for Maria in Algeria:

"I was born in a religiously conservative family. Being a girl, my parents pulled me out of school and told me that my place is at home. I got married at seventeen. In ten years I became a mother of seven children.

"My husband passed away, leaving me a young widow. It was a big challenge for me to raise my children alone, but some Christians in our village shared the Good News with us. First, my two boys accepted the Lord as their saviour. A few months later I decided to follow Jesus Christ. He has wiped away my tears and healed my broken heart!"

"The LORD is close to the brokenhearted and saves those who are crushed in spirit." PSALM 34:18



Pray for Kimia in the UK:

“May God bless you and give you strength to disciple all nations. I wanted to refer my friends to a reliable and trustworthy source to learn about God. Because your channel is well known and you certainly have better understanding in this area than me and could send them Bibles, I referred them to you. I also introduced a few others to you, including my own cousin. You contacted them and prayed with them. I am so thankful. With what you did you showed that you are a trustworthy channel.”



“Therefore go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you.”

MATTHEW 28:19-20

Pray for Nasrin in Iran:

“For a while, I’ve been searching for the truth and wanted to know how to get closer to God. I read many books about different religions and I was drawn to Christianity. I searched for the Bible in Iran but I couldn’t find one. I tried to go to church but considering the restrictions in Iran, I wasn’t allowed to enter. I started searching for Christian satellite networks and got acquainted with SAT-7.

“I’m thankful that you received me with kindness and sent me resources. Many of my questions were answered through your programmes and I’m experiencing a certain peace and joy which I have not experienced before. I’m glad to be Christ’s disciple and God’s child.”

“You will seek me and find me when you seek me with all your heart.” JEREMIAH 29:13



Shaheen

WEDNESDAY 24 FEBRUARY

Pray for Shaheen in Afghanistan:

"I live in one of the provinces in Afghanistan that is under the control of extremists. By watching your programmes I have come to know about Christianity and wonder if it is true. I am tired and heart-broken by the lies and unrighteousness I see around me, but more importantly, I am asking why it is that people are denied freedom of thought and self-determination."

Our viewer support team got in touch with Shaheen to explain more about Christianity, and he accepted Jesus as his saviour. Praise God!



"If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free." JOHN 8: 31-32

Yasmine

THURSDAY 25 FEBRUARY

Pray for Yasmine in Jordan, who got in touch after watching *Spiritual Evening*, a SAT-7 worship show in which people from all walks of life share their stories of faith:

"I pray that all those who are sharing are blessed – what a filling spiritual meal. Greetings to you all and the wonderful worship team. You made me dance like David. May we all be prepared to face any trials in Jesus' name."

"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance." JAMES 1:2-3



Sarah

FRIDAY 26 FEBRUARY

Pray for Sarah in Iran:

"Wonderful news! Just now my second sister has put her faith in Jesus. In June one of my sisters came to faith, then in July my daughter came to faith, and now my second sister, praise God.

"I am sure next month my other sister will come to faith and the month after that my mother will follow. I am sure of it. Praise to the Lord and glory to His name."



"And they replied, 'Believe in the Lord Jesus, and you will be saved - you and your household.'"

ACTS 16:31

Hady

SATURDAY 27 FEBRUARY

**Pray for Hady
in Morocco, who
got in touch with
SAT-7 to request
Christian resources:**

"Today is a different and special day because I received your parcel that contained a pile of books. I value and appreciate what you sent me! I will remember this day for all of my life. I wish you a happy year, full of showers of blessings, with health and the presence of God and Jesus Christ."



**"I love your commands more than gold,
more than pure gold."**

PSALM 119:127

Pray for Passant in Kuwait:

"God bless you all. I have a three-year-old daughter. It is difficult for me to send my daughter alone to Sunday School. So, we are watching the programme *Family of Jesus* regularly and my daughter has learned a lot from it. She has memorized a lot of verses and songs through the programme. You are a good influence to kids. She loves you deeply!"

"Start children off on the way they should go, and even when they are old they will not turn from it."

PROVERBS 22:6



Moziar

TUESDAY 2 MARCH

Pray for Moziar in Iran. Our viewer support team says:

“We contacted Moziar and he told us that about 15 years ago he turned to Christ. The house church he was attending was closed down after its leaders were arrested. Having no church fellowship, Moziar spent some time in doubt and denial. Lately, through watching our satellite television programmes, he has decided to return and to follow Jesus. When we prayed together he repented of his sins and committed his heart to Christ. He said: **‘I have now reached the conclusion that living with Jesus even whilst facing persecution is better than living without Him.’**”

“Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.”

MATTHEW 5:10



Pray for Parmys in Turkey:

"I am someone who has been received by Christ. Last year Mitra [from SAT-7's viewer support team] helped me pray, and this year, after going through training, I was baptised.

"As a Christian, I would like to thank you and your television network for guiding and helping me to discover my own faith. I want to add that Christ has really given my life direction and a new way of seeing everything around me. I thank you for all the guidance you have given me."



"Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me.'" JOHN 14:6

Bahga

THURSDAY 4 MARCH

Pray for Bahga in Sweden, who watched a live service from Kasr El Dobara evangelical church in Cairo, Egypt:

"Please send my greetings to the church and pastor Sameh. Thank you SAT-7 for airing these wonderful meetings. I came to the Lord through your programme and I have been learning and growing through your teachings and reading the Bible. May the Lord enlarge your territories. Please keep me in your prayers as I get afraid these days for my children. God bless you."



"Brothers and sisters, stand firm and hold fast to the teachings we passed on to you, whether by word of mouth or by letter." 2 THESSALONIANS 2:15

Adham

FRIDAY 5 MARCH

Pray for Adham in Oman:

"For fifteen years now, I have been a big fan and a regular viewer of SAT-7. Thank you for carrying the very important message of the Good News of Jesus Christ to millions, especially those whose circumstances don't allow them to have any internet, and TV becomes their only available way to learn about it. Please pray for me as well. Thank you."



"How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them?"

ROMANS 10:14

Shereen

SATURDAY 6 MARCH

Pray for Shereen in Sudan:

"Hi everyone in the *Family of Jesus* team. We are so happy because you showed our video on the programme. I want to let you know that my friends who were in the video are not Christians, but they follow your programme so much that they've memorised your theme song. They like your songs, music, and verses. When they saw our video on the screen, they invited their relatives to watch the programme too."

"Let your light shine before others, that they may see your good deeds and glorify your Father in heaven." MATTHEW 5:16



Pray for Kombeez in Afghanistan:

"I am 22 and I have been watching your channel for some time. My view of Jesus Christ has changed considerably. Today I feel able to accept Jesus as a divine person and I would like to follow Him."

Praise God that our viewer support team were able to get in touch with Kombeez to pray with him. They encouraged him to read the New Testament and to send them any of his questions so they could answer them.



“‘But what about you?’ [Jesus] asked. ‘Who do you say I am?’ Simon Peter answered, ‘You are the Messiah, the Son of the living God.’”

MATTHEW 16:15-16

Samy

TUESDAY 9 MARCH

Pray for Samy in Algeria:

"I grew up in a small village in Algeria and life has never been easy. My family is conservative and my father is a non-Christian religious leader. I never dared ask questions about God – until the day I watched the SAT-7 programme *My Church in Algeria*. I contacted a Christian leader who welcomed me to the church, and there I gave my life to Jesus. My family heard that I became a follower of Christ and my father kicked me out of his house for over a year. I'm thankful that God used my mother to convince him that everyone is free to choose his religion."



"Now choose life, so that you and your children may live and that you may love the Lord your God."

DEUTERONOMY 30:19-20

Kareem

WEDNESDAY 10 MARCH

Pray for Kareem in Tunisia:

"I am a believer and a viewer of the programme *Free Souls*. My parents tried to abort me before I was born. My Dad, who didn't like children, was always tormenting my mum as if it was her fault that she got pregnant. From an early age, I've felt that I was an unwanted child. My parents rejected me, but I was a smart boy. I finished my high school studies and worked as a nurse. I suffered from depression for several years, but Jesus searched for me and found me. I chose to follow Him no matter the cost. I became a child of the mighty God."

"Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God – children born not of natural descent, nor of human decision or a husband's will, but born of God." JOHN 1:12-13



Lila

THURSDAY 11 MARCH

Pray for Lila in Iran:

"I heard about Christ through my sister and through watching SAT-7 PARS. My brother and I were watching a SAT-7 programme on addiction, presented by Pastor Milton. My brother was using drugs at the time, so we contacted the programme to ask for prayer. They prayed for my brother, who did not have faith in anything, and he was affected by it, feeling touched by the Lord. Since then, he has stayed away from drugs! This miracle, and my sister's faith, caused me to acknowledge Jesus Christ and pray to Him while watching one of your programmes. Now my brother and husband Danial are believers too!"
(Read Danial's story opposite!)

"Everyone who calls on the name of the Lord will be saved." ROMANS 10:13



Pray for Danial (Lila's husband) in Iran:

"Nine years ago, I too was addicted to drugs and was on the 12-step-programme to recovery. The programme materials mentioned God and it made me want to know more. I managed to find a Bible and I read it within a month! After witnessing all the beautiful things that have happened in the lives of my wife, her brother and sister, and being released from addiction myself, I too have bent the knee to Christ Jesus and come to faith in Him."

"It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery." GALATIANS 5:1

Afrouz

SATURDAY 13 MARCH

Join in with the prayer of Afrouz, a young girl in Tajikistan who often calls SAT-7 PARS children's show *Golpand*:

"Holy Lord, God of purity, I give you thanks for today and for being able to take part in this programme once again. Lord I ask You to bless our friends at SAT-7 because they work hard for us. Bless all Persian-speakers and Lord, open the hearts of those who do not yet believe in You that they will come to faith. Fill us to overflowing with Your love and fill all who take part in *Golpand* with grace and blessing. I ask with thanksgiving in the name of Jesus Christ, Amen."

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." JOHN 3:16



Pray for Kiarash in Iran:

"Greetings. It is three days since I turned to Christ and became part of the true and holy faith. Please pray for me that my faith will endure and I will stand faithfully. Thank you. I have been living in darkness for quite some time, until I came across your channel. Watching your programme I sensed a spark deep within me. I have put my future into the holy hands of Jesus."



"The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned." ISAIAH 9:2

Pray for Siwar in Iraq:

"Please pray for my husband and children to return to the Lord. It is the desire of my heart that they believe in Him and that I and my household will serve the Lord. God bless you and keep you."

"Return to the Lord your God, for he is gracious and compassionate, slow to anger and abounding in love." JOEL 2:13



Makram

WEDNESDAY 17 MARCH

Pray for Makram in Tunisia:

"Your words are gold. We pray for you here in Tunisia. Most of the time I use negative words on myself in hard situations and illness. But may God forgive me – you preached a harsh lesson to my heart. Thank you. I'll try to fight negativity in Yeshua's name and share the Gospel here in Tunisia."



"And this gospel of the kingdom will be preached in the whole world as a testimony to all nations."

MATTHEW 24:14

Jinan

THURSDAY 18 MARCH

Pray for Jinan and her son in Egypt:

“Thank you for your amazing SAT-7 KIDS programmes. I appreciate it every time you send a pile of books to my son – he really feels special and unique because of you. He loves the Bible stories and memorises the verses. One time, you were telling the story of Adam naming the animals, and I noticed my son was delighted and really concentrating on the screen. After he had heard the story, he closed his eyes and prayed with you. I’m grateful for those valuable stories and the way you care for kids.”

“From infancy you have known the Holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus.” 2 TIMOTHY 3:15



Ceyda

FRIDAY 19 MARCH

Pray for Ceyda in Turkey:

"Hello! I thought your channel was new but I found out that it's been broadcasting for a few years now. I only noticed it a couple of days ago.

"I am a non-Christian but your channel is really affecting me and I want to watch it constantly. I'm watching it secretly from my husband and my son, but I realise there are so many things I don't know about Jesus Christ and I see no harm in learning more. I enjoy watching you and I thank you. Can't wait to see what more I will see."

"If you call out for insight and cry aloud for understanding, and if you look for it as for silver and search for it as for hidden treasure, then you will understand the fear of the LORD and find the knowledge of God." PROVERBS 2:3-5



Pray for Shadmehr in Iran:

"I am very keen to know more about the Bible and Jesus. I am very grateful to you for allowing me to express my opinion here and I am thankful for your answers.

"I grew up in a religious family and my father was a very devout person. He always said we should try to lend a hand to those in need and serve as much as possible. I loved my father very much and I have tried to act on his advice. I regularly watch your programmes. May you live long, stand strong, and be in good health dear friends."

"You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love."

GALATIANS 5:13



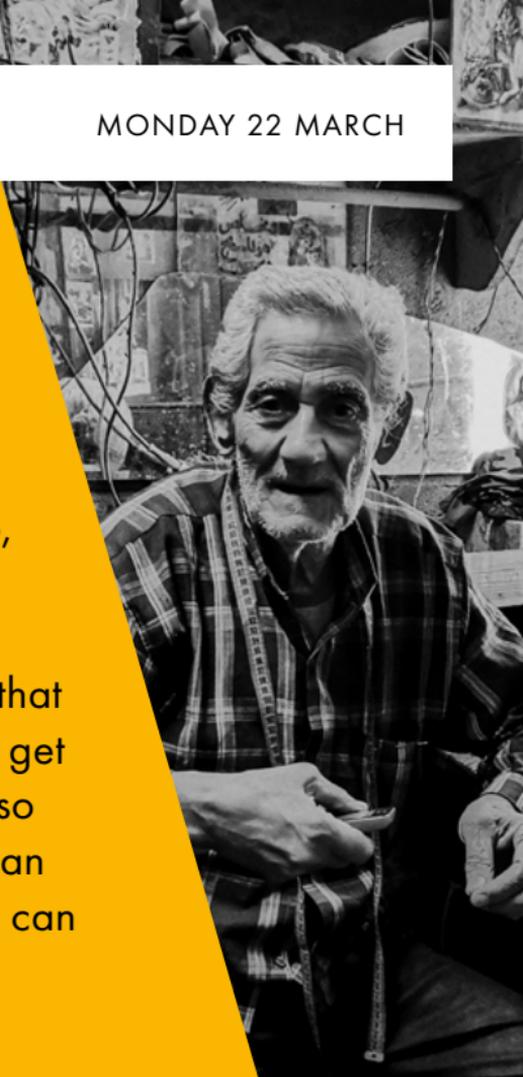
Baris

MONDAY 22 MARCH

Pray for Baris in Turkey:

"Hello. I asked you for a Bible before and you've helped me. Also, when I asked if there's anyone here that I can meet with, you told me that you would find out and get back to me. Thank you so much. I hope that you can find someone here who can teach me."

"So I say to you: ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened." LUKE 11:9-10



Pray for Amira in Morocco:

"I feel that the Lord is piercing people's hearts from different backgrounds. It's reaching even their leaders.

"I am not a Christian but I am very happy that you are sharing the Gospel in the countries of North Africa. I hope Christianity continues to grow."

"I... am about to come and gather the people of all nations and languages, and they will come and see my glory." ISAIAH 66:18



Ehsan

WEDNESDAY 24 MARCH

Pray for Ehsan in Syria:

"I don't have a Christian background but five years ago I found the true light in Jesus. I am 30 years old now, am married and have a child. I want to know more about Jesus through your channel."



"I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life." JOHN 8:12

Afaf

THURSDAY 25 MARCH

Pray for Afaf and her family in Palestine:

“Hello, our beloved SAT-7!
Thank you for responding to
us. You are so kind for caring.
My daughter Samira was very
happy that you announced her
birthday. Everything that you
present on SAT-7 is wonderful
and sweet for all. When we found
your channel, my husband and I
were thrilled, especially because
our children follow your channel and
benefit a lot from your programmes.
We pray that your voice will reach all
the children of the world.”



**“All your children will be taught by the LORD, and
great will be their peace.” ISAIAH 54:13**

Kuzey

FRIDAY 26 MARCH

Pray for Kuzey in Turkey:

"I respect all beliefs. Everyone is free to choose their own way, to choose what makes them happy. I have observed that your channel is helping people's prejudices to disappear. The reaction of people in Turkey when they hear the word 'Christian' is very strange – they think it's a bad thing. But I can see that things are changing. With your help, I can see that now people are learning to live in harmony as brothers and sisters, without looking at each other's religion, and I believe that the love will spread."



"Jesus told him, 'Don't be afraid; just believe.'"

MARK 5:36

Nariman

SATURDAY 27 MARCH

Pray for Nariman in Iran:

"Greetings in the Lord to you. My heart is more encouraged than ever and my eyes brighter with hope. I am honoured to confirm that I have received the Bible for which I have long been waiting. During the time I was waiting for my priceless gift to arrive, I tried to fill the vacuum. I am so grateful to all my brothers and sisters who worked hard to make it possible for me to have this priceless gift and I will pray for them to be successful in all they do. I won't forget your kindness."



"When you received the word of God, which you heard from us, you accepted it not as a human word, but as it actually is, the word of God, which is indeed at work in you who believe." 1 THESSALONIANS 2:13

Azita

MONDAY 29 MARCH

Pray for Azita in Iran:

“The Lord bless you for the service you provide in making the Lord Jesus known to the people. By the will of God, may many people come to faith in the Lord Jesus through these programmes. Your programmes and feature films are excellent – may the day come when people can watch them without fear and worship our Living God. I pray in the hope of that day.”

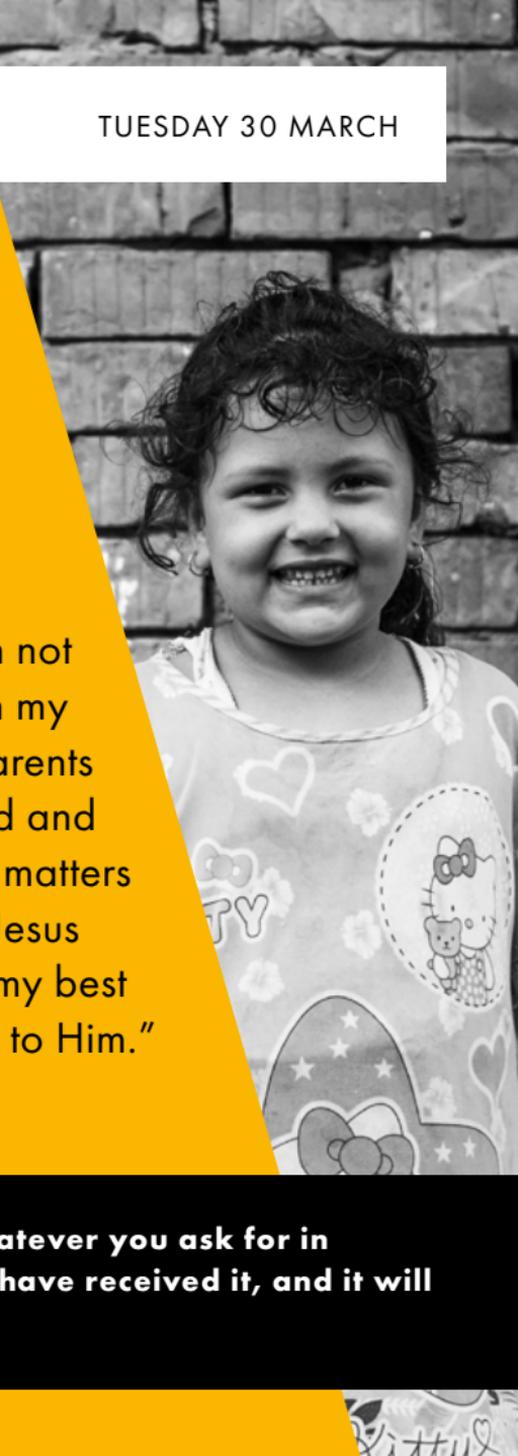


“Yet a time is coming and has now come when the true worshippers will worship the Father in the Spirit and in truth, for they are the kind of worshippers the Father seeks.” JOHN 4:23

Pray for Dunia in Egypt:

"When I see my friends or parents are not feeling well, I pray for them until they are healed. And when I am not feeling well, I pray with my brothers, sisters, and parents in order to not be afraid and to feel peace. Nothing matters to me. Jesus loves me. Jesus lives with me. I will do my best and I will leave the rest to Him."

"Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours." MARK 11:24



Hooman

WEDNESDAY 31 MARCH

Pray for Hooman and his sister in Afghanistan:

"My sister and I recently made the decision to follow Christ. We live in Afghanistan, and we fear for our safety. It is challenging and frightening to attend Christian meetings here or to try and find other Christians. We are watching a number of your programmes on YouTube and via your Facebook page."



**"For where two or three gather in my name, there
am I with them."** MATTHEW 18:20

Pray for Filiz in Turkey:

"My dear SAT-7 TÜRK family! Tonight I rewatched my pastor Vahan İsaοğlu's programme *Beyond the Veil*. My tears fell. I praise the Lord Jesus Christ for touching my heart and for changing me by coming into my life. I pray that every person in the world can taste this grace and love. I want to thank you all so much for being the tools for the Gospel. I send you all my love. God bless you."



"Taste and see that the Lord is good; blessed is the one who takes refuge in him." PSALM 34:8

Pray for Riad in Tunisia:

"Free Souls is a powerful programme. I was watching the different testimonies of many people who had an amazing experience with a God that I never knew. Today after watching this programme for two years, I gave my life to the true God. I really thank God for putting SAT-7 into my path."

"This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins." 1 JOHN 4:10



Nabila

SATURDAY 3 APRIL

Pray for Nabila in Algeria:

"I became a follower of Jesus the first day I visited a church. I was lost but Jesus has found me. Unfortunately, my family found out that I had become a Christian. My brothers forbade me from returning to church and even threatened to kill me if I went back. But I discovered that the church service is broadcast on SAT-7. I'm so blessed! Now I'm able to attend the church service in my room."

"Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom."

2 CORINTHIANS 3:17



Free to tell your story

EASTER DAY 4 APRIL

Over the course of Lent, we've met some incredibly brave, faithful people who are choosing to believe in Jesus whatever the cost. Does their example give you courage to tell your story, too?

Take a look back at your answers to the questions posed each Sunday – or, if you didn't answer during Lent, take a moment to reflect on your answers now.

Who first told you about Jesus?

What difference does Jesus make in your life?

Why do you love Jesus? What is it about Him that attracts you to Him?

Do you have a church family? What role does that play in your faith?

Can you think of a specific time when God answered your prayer?

What is your favourite Bible verse, and why?

EASTER CHALLENGE: If you add your answers together, you'll have written a short testimony! Could you share some or all of your story, perhaps on social media, or send your favourite Bible verse to someone to encourage them today?

As we celebrate the resurrection of Jesus and His victory over death today, thank Him that we are free to believe in Him, and free to share our stories.



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