

PRAYER DIARY





THURSDAY 1 FEBRUARY YOU ARE NOT ALONE

The SAT-7 ARABIC programme You Are Not Alone was created for people struggling with loneliness and isolation. In the past few months, the show has shared the experiences of those who have lived through recent natural disasters and conflicts. Pray that the show will provide much-needed comfort.

FRIDAY 2 FEBRUARY BAHAR FROM IRAN

Bahar from Iran says, "I am spending a lot of time these days in prayer and intercession, and I can see how God is working in my life and in the lives of others." Praise God for His work in Bahar's life.

SATURDAY 3 FEBRUARY YOUNG PEOPLE

In countries in the MENA that restrict freedoms, young people are growing more and more disillusioned with religion in general. Pray that SAT-7's programmes would show them that God desires a relationship with them through Jesus.

SUNDAY 4 FEBRUARY PRAY FOR MEERSA

"I desperately need your prayers. I have been a believer since I was much younger. My husband knows about my faith and keeps threatening to hand me over to the Taliban. I am alone and have no one but my Lord Jesus Christ and the Holy Spirit."

Pray for the Lord to soften Meersa's husband's heart. Give thanks for Meersa's amazing faith and pray and that she will be kept safe.



MONDAY 5 FEBRUARY

SAT-7 PARS PRESENTERS

The Iranian presenters on SAT-7 PARS live and work in the UK, and are now unable to return to Iran due to the nature of their work. Pray for strength and encouragement for these families who have sacrificed so much to show their fellow Iranians the light of Christ.

TUESDAY 6 FEBRUARY

A YEAR ON FROM THE TÜRKIYE EARTHQUAKE

It's been a year since the magnitude 7.8 earthquake that struck Türkiye and northwest Syria in 2023. The road to recovery is a long one. Pray for God's strength as people try to rebuild their lives.

WEDNESDAY 7 FEBRUARY

EDUCATION

"I don't want my poor children to study in a school that is controlled by the Taliban, forced to read books that are full of commands to kill," said Arman from Afghanistan. Pray that SAT-7 will be able to counter education tainted by extremism with messages of peace.

THURSDAY 8 FEBRUARY HEALTHCARE

Many places across the MENA are ill-equipped to deal with large numbers of injured or seriously ill patients following a natural disaster or famine. Pray that infrastructure in these places would improve, allowing patients to receive the care they need.

FRIDAY 9 FEBRUARY

REBUILDING

Türkiye, Syria, Morocco and Afghanistan are still in the process of rebuilding homes and buildings after the earthquakes of 2023. Pray that, where resources are available, they will be able to implement earthquake-resistant construction methods used in other countries to protect against future disasters.

SATURDAY 10 FEBRUARY

UNEMPLOYMENT

"Pray for my job situation. Wherever I go, I don't seem to be able to find employment," said Orang from Iran. At SAT-7 we frequently receive prayer requests from those seeking stable employment. Pray that the job market improves across the MENA, and that Christians will not be discriminated against or forced to violate their conscience in their work.

SUNDAY 11 FEBRUARY AGRICULTURE

Agriculture remains the primary source of employment in North African countries, which means that drought and poor harvests can have a devastating impact on food security, the economy and quality of life. Last year, North Africa faced some of the worst droughts in recent history. Pray that the harvests will be plentiful this year.

MONDAY 12 FEBRUARY POLITICAL TURMOIL IN LIBYA

Libya is considered a failed state, with two opposing political parties operating simultaneously, neither recognising the legitimacy of the other. Pray for a return to political stability and that viewers of SAT-7 will be encouraged by the steadfast character of God.



TUESDAY 13 FEBRUARY THE ECONOMY IN LEBANON

The ongoing economic crisis in Lebanon has been compounded by political turmoil, COVID-19 lockdowns, social unrest and regional conflict. Pray for wisdom for the leaders of Lebanon as they face these challenges and try to bring the economy under control.



WEDNESDAY 14 FEBRUARY 40 DAYS OF PRAYER FOR THE MIDDLE EAST

Today marks the beginning of Lent. During the run-up to Easter, our prayer points will correlate with the countries covered in the new SAT-7 resource 40 Days of Prayer for the Middle East. Pray that, in learning about the Christian history of the MENA, we will find hope and encouragement for the present. Turn to p30 to find out more.

THURSDAY 15 FEBRUARY THE BERBERS OF MOROCCO

The early North African church grew particularly quickly among the Berber peoples, from which Church Fathers like Tertullian, Cyprian and Augustine came. Praise God for the worldwide influence of these early Berber Christians. Pray that SAT-7 would be a support to Berbers today, among whom the Gospel is spreading once again.

FRIDAY 16 FEBRUARY

HAITHAM FROM MOROCCO

Haitham from Morocco had reached out to SAT-7 to ask questions about Jesus. The team followed up with Haitham after the earthquake in September 2023, and he was touched by their care for him. He shared how far he had come since they had first spoken, that he had put his trust in Jesus and started attending church. Pray for Haitham's continued spiritual growth.



SATURDAY 17 FEBRUARY SLAVERY IN MAURITANIA

The Global Slavery Index estimates that number of people living in modern slavery in Mauritania is 90,000, mostly women and children. Pray that SAT-7's programmes will show people the dignity of each person made in the image of God.

SUNDAY 18 FEBRUARY

GOOD NEWS

"The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord's favour." (Luke 4:18-21).

Praise God that He sent His Son to fulfil such wonderful promises.

MONDAY 19 FEBRUARY RESTLESS HEARTS IN ALGERIA

St Augustine, the influential Church Father from Algeria, once said "You have made us for yourself, O Lord, and our heart is restless until it rests in you." Pray that SAT-7 programmes like My Church will encourage isolated believers in Algeria and that all Algerians will find their rest in God.

TUESDAY 20 FEBRUARY

CLOSED CHURCHES IN ALGERIA

The state-enforced closure of churches in recent years has forced many Algerian Christians underground. Many church leaders have been thrown into prison and only a handful of churches remain open. Pray that Algerian Christians will be free to gather for public worship. Pray that SAT-7's programmes will nourish those without access to a church.

WEDNESDAY 21 FEBRUARY

PERPETUA PRODUCTIONS

Perpetua Productions is a Christian studio in Tunisia that is making high-quality, faith-filled programmes, supported and broadcast by SAT-7. Praise God that the small but vibrant Tunisian church is reaching out to their nation via the screen.



THURSDAY 22 FEBRUARY

CARRYING THE CROSS IN LIBYA

Libya is the birthplace of Simon of Cyrene, the man who carried Jesus' cross on the way to Calvary (Mark 15:21). We remember the terrible martyrdom of 21 Christians in 2015 at the hands of so-called Islamic State (IS). Like their Lord, they died at the hands of unjust executioners, but remained faithful to him until the end. Pray for all those in Libya living under the threat of terrorism.

FRIDAY 23 FEBRUARY

LEGACY OF FAITH

Egypt is a country with a rich biblical and Christian history. Alexandria in particular played a key role in the spread of the Gospel in the early centuries of the church. The church in Egypt continues to hold a respected place in Egyptian society and believers are on fire for the gospel. Pray that Egyptian Christians will be filled with boldness by the Holy Spirit to take the gospel to their neighbours.

SATURDAY 24 FEBRUARY

A MOMENT OF STILLNESS

The Desert Fathers were monks that lived lives of quiet solitude in the deserts of Egypt in the early centuries of the church. They took the practice of Jesus, who "often withdrew to lonely places and prayed" (Luke 5:16) as their daily rule of life. Let us also take time to withdraw from the chaos of life into a moment of stillness. Pray that Egyptian Christians would know God's presence.

SUNDAY 25 FEBRUARY

FULLNESS OF JOY

"You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore" (Psalm 16:11 ESV).

Thank the Lord for allowing us into His wonderful presence, through what Jesus has done for us.



MONDAY 26 FEBRUARY

STORIES OF STRENGTH AND FAITH

The SAT-7 ARABIC programme Sudan, Stories of Strength and Faith shares the testimonies of those fleeing war in Sudan, which rose to new levels of intensity in 2023. Pray for families who have left Sudan, as well as those who remain. Pray for an end to the decades-long conflict that has devastated so many lives. Yet, thank God for stories of hope in the midst of impossible situations.



TUESDAY 27 FEBRUARY

DINKA CHRISTIANS

In the past century, a vibrant church has arisen among the Dinka tribes in South Sudan. Pray that refugees would be able to return to their homeland, and that Dinka Christians would be comforted that their true home is with the Lord.

WEDNESDAY 28 FEBRUARY

ASKING HARD QUESTIONS

Ma'rib in Yemen is believed to be the location of the ancient Kingdom of Sheba. The Queen of Sheba came to enquire of the wisdom of King Solomon and asked him "hard questions" (1 Kings 10:1-13). Likewise, many Yemeni people contact SAT-7 with their questions about Christianity. Praise God for people like Nadi, who put his trust in Jesus after receiving answers to his questions.

THURSDAY 29 FEBRUARY

CHRISTIANS IN YEMEN

The few thousand Christians in Yemen must keep their faith a secret, especially in areas where Al-Qaeda have a strong presence. Pray for resilience and hope amidst great difficulties.



Dalir is a new Christian from Afghanistan living under the rule of the Taliban. "We have only been in the family of believers for two years," he told the SAT-7 PARS Viewer Support team. "I give thanks to our Heavenly Father that He touched my heart and received us into His family."



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DALIR, AFGHANISTAN Dalir was well aware of the dangers that he faced. "The situation here in Afghanistan is very difficult for believers, and if the Taliban find out about us, they will certainly kill us. We don't take our mobiles out with us because they check people's mobiles. I am changing my name on WhatsApp to provide some security."

In these restrictive conditions Dalir had no access to Christian resources, so he was delighted to receive some from SAT-7. He responded, "Thank you for all the content. The worship songs and the teaching clips are truly excellent. We always follow your programmes and are blessed by them."

The team also pointed Dalir to some Bible teaching sessions on Zoom hosted by an Iranian Christian couple living in Türkiye. He soon became an enthusiastic participant. "I was very blessed by your teaching on the Trinity. It was excellent. Many of the questions I had have been answered..."

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The teaching sessions gave him the freedom to explore Christianity in a way that had not been possible for him before. After one session, he said "This session about prayer was truly full of blessings. Thank you for the notes file that you sent..." And during a subsequent session, he said "The answers you gave about the role of women in Christian communities were excellent and we were blessed." When he was unable to attend, he asked for the recording to be sent to him.

Dalir is thankful to God for how SAT-7 PARS has helped him and his family in the early stages of their Christian life. "We are grateful to you, who like loving brothers serve us and help us to take our first steps. You are glorifying the Lord through your beautiful programmes. You will build the Church and deliver the message of the Gospel. May God bless you, dear friends, with His grace."

PLEASE PRAY:

- for protection for Dalir and his family, and that they will continue to be built up in their Christian faith
- pray for secret Christians in Afghanistan, that they would stand fast in the faith even in the face of adversity and persecution
- pray that more Afghans will come to Christ through the work of SAT-7 PARS

PRAY for the MIDDLE EAST

This Lent, join us on a journey of prayer through the Middle East and North Africa.

When we look at the Middle East today, it can be hard to know how to pray. Yet these are the lands that fill the pages of our Bibles, where Jesus walked among us and the Church itself was born.

In 40 Days of Prayer for the Middle East, we'll travel from Morocco in the west to Afghanistan in the east, meeting local believers and churches along the way. We'll hear how God is at work through SAT-7, and discover the ancient and often unknown Christian heritage of the region.



Join us this Lent, as we pray for God's Kingdom to come in the lands where it all began.

FIND OUT MORE AND PRE-ORDER



sat7uk.org/40days

SAT-7 broadcasts 24/7 in Arabic, Persian and Turkish





SAT-7 is watched by millions of people in 25 countries

SAT-7 had 107,000 one-to-one viewer conversations in 2022





Names of viewers throughout have been changed and images used for representation only.

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