



# PRAYER DIARY



**For SAT-7 and the Middle East**  
October 2025

**WEDNESDAY 1 OCTOBER**  
**CONFLICT & PEACE**

As millions of people in the MENA live through the terrible reality of conflict and war, SAT-7's programmes are highlighting stories of resilience and sharing God's comfort and peace. Pray that SAT-7's producers will be led to make the right kinds of programmes and episodes that make a real difference in war-impacted communities.

**THURSDAY 2 OCTOBER**  
**JOURNEYING TOWARDS PEACE**

*Journeying Towards Peace* is a SAT-7 ARABIC podcast that educates and inspires the people of the Arab world to break cycles of violence and embrace reconciliation. Pray especially for presenter Sami Mehanna, that he will speak words of wisdom and comfort.

**FRIDAY 3 OCTOBER**  
**PROTECTING YOUNG PEOPLE**

"It's truly indescribable," said Nadia, a young girl from Iran, earlier this year. "At night you don't know if you'll wake up to see the sunrise. You worry about your loved ones and don't know if they're safe or not." Pray for the protection of all of SAT-7's young viewers living in conflict zones.

**SATURDAY 4 OCTOBER**  
**THE HOLY LAND**

The heart-breaking situation in the Holy Land over the past two years has left tens of thousands of people dead and many more injured, traumatised, or grieving. Pray for God's will to be done in the region, and for new avenues of protection and provision to open up for those in dire need.

## **SUNDAY 5 OCTOBER**

### **"THE LORD OF PEACE"**

"Now may the Lord of peace himself give you peace at all times and in every way" (2 Thessalonians 3:16a). Pray for all those in the MENA yet to experience the inner peace of Jesus, even in the midst of conflict.

## **MONDAY 6 OCTOBER**

### **WAR REFUGEES**

Farah, a Christian from Sudan in his 20s, contacted SAT-7 to say: "I came to Egypt after the [Sudan] war started, but I feel that the devil has a hold on me. I want to have a relationship with the Lord but I don't know much about Christ, and my faith is weak." Pray for war refugees like Farah who feel spiritually discouraged, that God will reveal His love to them and ignite their faith.

## **TUESDAY 7 OCTOBER**

### **THE HOPE OF JESUS**

SAT-7 ARABIC programmes *You Are Not Alone*, *Voice of the Church* and *Different Angle* (pictured) have broadcast episodes relating to the wars in the Holy Land, Lebanon and Syria this year. Pray that these special episodes will impart the hope of Jesus to our viewers.



## **WEDNESDAY 8 OCTOBER**

### **"I HAD NO FEAR"**

Is it really possible to have Jesus' peace when war draws near to your home? Mino, a woman from Iran, has lived the answer: "In these difficult days, our Lord Jesus Christ has been with us. I had no fear; my heart was warm because we have Christ our Lord. I slept peacefully, went outside, and was very calm. I thank God... we are very, very grateful." Thank God for Mino's experience, and for His presence with all His people during times of trouble.



## THURSDAY 9 OCTOBER

### CHILDREN OF LIGHT

New SAT-7 KIDS programme *Children of Light*, filmed in the Moroccan dialect of Arabic, is providing foundational Christian teaching alongside fun activities, education, and life skills such as cookery and managing finances. Pray for the spiritual and personal growth of all the young Moroccan people tuning in to this programme.

## FRIDAY 10 OCTOBER

### WORLD MENTAL HEALTH DAY

Earlier this year, a team from SAT-7 KIDS contributed to a mental health event at a school for refugee children in the Bekaa Valley, Lebanon. Pray that the team will positively impact children's mental health in Lebanon as they attend future events.

## SATURDAY 11 OCTOBER

### CHANGE MAKERS

SAT-7 ARABIC's *Youth for an Enabling Society (YES)* project is sharing the inspiring stories of people from across the Arab world who have overcome obstacles to impact their society for good. These mini documentaries reached 300,000 followers in one month! Thank God for the impact of this project and pray that viewers will be inspired to follow their own callings.

## SUNDAY 12 OCTOBER

### DEVOTED

"Devote yourselves to prayer, being watchful and thankful" (Colossians 4:2). Pray for God's help to be devoted, watchful and thankful in your prayer life.

FOCUS



## MONDAY 13 OCTOBER BIBLE TEACHING

The Word of God is a firm foundation for individuals, families, communities and even nations. SAT-7 is committed to sharing the Word of God in the MENA and helping our viewers implement its teaching in their lives. Pray that SAT-7's staff teams will keep the Bible at the centre of all they do.

## TUESDAY 14 OCTOBER PRINCIPLES OF FAITH

Isolated Christians in Iran continue to be resourced by long-running SAT-7 PARS programme *Principles of Faith*, which teaches the Bible in simple terms. Pray that more people will have their faith strengthened by this programme.

## WEDNESDAY 15 OCTOBER "YOU SHAPED MY CHILDHOOD"

"You were the first people I saw teaching Christian doctrine," said Angela, a teenager from Egypt. "You introduced me to many stories from the Bible and hymns at about 3 or 4 years old. You shaped my childhood... Thank you for everything." Pray that many more young people in the Arab world will have their young years shaped by biblical truth.

## THURSDAY 16 OCTOBER TELLING THE GOSPEL

SAT-7 TÜRK's Bible-based programme *Telling the Gospel*, which features teaching from a Patriarch in the Armenian Apostolic Church, speaks the Word of God directly into viewers' lives. Pray that presenter Sahak Mashalyan will be filled with the Holy Spirit during filming.

**FRIDAY 17 OCTOBER****NEW BELIEVERS**

Kamand, a woman from Iran, wrote to us to say: "Last year, I became a believer. I've been attending [SAT-7's Zoom teaching sessions] for about two months now. I'm still at the beginning of this journey, but I read the Bible every day and am learning. I'm grateful." Pray for Kamand, and new believers like her, that they will learn through SAT-7 to build their lives on God's Word.

**SATURDAY 18 OCTOBER****THE THRONE OF GRACE**

SAT-7 ARABIC's new discipleship programme *The Throne of Grace* gives isolated Tunisian Christians the chance to hear the Word of God and discussions about how it should impact believers' lives. Pray for God to encourage and strengthen the Tunisian Church through this programme.

**SUNDAY 19 OCTOBER****WORLD MISSION SUNDAY**

"Consequently, faith comes from hearing the message, and the message is heard through the word about Christ" (Romans 10:17). As World Mission Sunday is marked, thank God for SAT-7's part in sharing the "word about Christ" across the MENA. Pray for the many other ministries and individuals who are part of this same mission.

**MONDAY 20 OCTOBER****NAHAL FROM TÜRKİYE**

"For the past few years, I have been following your programmes through Instagram and YouTube," said Nahal from Türkiye. "I am very eager to learn, and because I love the SAT-7 network, I want to receive education from you." Pray that more Turks like Nahal will connect with our channel and soak up our Bible teaching.

## **TUESDAY 21 OCTOBER**

### **PRAYER SUPPORT**

SAT-7's ministry depends on prayer support. Ask God to raise up new prayer supporters and encourage all those – like you – who already hold us in prayer.

## **WEDNESDAY 22 OCTOBER**

### **SERIN FROM LEBANON**

"You helped me at a time when I felt alone and couldn't find anyone to bring me back on track," said Serin, a female SAT-7 ARABIC viewer from Lebanon. "You taught me not to believe every negative thought and how to renew my mind with the Word. I'll never forget how you helped me." Praise God for Serin's experience with our Viewer Support team.

## **THURSDAY 23 OCTOBER**

### **SOCIAL MEDIA**

SAT-7's four channels have a range of social media pages that promote our satellite programmes, post inspiring biblical content and engage with viewers. Pray for those who oversee the social media pages, that they will be filled with God's love and wisdom.

## **FRIDAY 24 OCTOBER**

### **RAMTEN FROM IRAN**

"I have been feeling frustrated, weak, and hopeless for some time," says Ramten, a male SAT-7 PARS viewer from Iran. "I want to be renewed, lively, hopeful, and filled with love and kindness." Let us plead with God to grant Ramten's desire.





## SATURDAY 25 OCTOBER SAT-7 PLUS

In response to widespread and growing access to a range of internet-enabled smart devices, SAT-7 launched the region's first on-demand Christian video streaming platform, SAT-7 PLUS, in 2021. Pray for those that oversee SAT-7 PLUS, that they will be blessed with wisdom as the digital landscape continues to change.



Take a look  
for yourself at  
**[sat7plus.org](https://sat7plus.org)**

## SUNDAY 26 OCTOBER HEALTHY EYES

"The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light" (Matthew 6:22). Pray that Christians in the MENA will choose to watch wholesome, uplifting content – such as that on SAT-7 PLUS – instead of anything that might damage their faith.

## MONDAY 27 OCTOBER ZAHRA FROM EGYPT

A girl named Zahra from Egypt has been using the SAT-7 PLUS app to stream our children's programmes. "I love SAT-7 KIDS," she told us recently. "I downloaded the app and learned so much from its programmes, like how God is limitless and can do anything imaginable."

## TUESDAY 28 OCTOBER GROWTH

SAT-7 PLUS had around 1.3 million unique users in 2024. Thank God for the platform's large reach and pray for its continued growth.



## WEDNESDAY 29 OCTOBER

### THE CHOSEN

*The Chosen*, which reveals Jesus through the eyes of his disciples, was one of the most popular programmes on SAT-7 PLUS last year. "Thank you so much for the SAT-7 app," said Emily, a teenage girl from Lebanon. "I've been really enjoying watching *The Chosen*." Thank God for the impact of this programme and pray that more young people in the MENA will encounter Jesus through it.

## THURSDAY 30 OCTOBER

### FREE TO USE

Unlike most streaming platforms, there are no barriers to access SAT-7 PLUS. Viewers do not need to provide their personal details, let alone pay for a subscription. Pray that God will provide the funds necessary to maintain and improve SAT-7 PLUS so that viewers can continue enjoying it for free.

## FRIDAY 31 OCTOBER

### MY SCHOOL

Our popular education programme *My School*, which completed its fifth and final series in 2023, is still available on SAT-7 PLUS, and remains one of our most popular programmes. Pray that young people across the MENA will find more life opportunities as a result of the education they receive through the programme.



Visit

**[www.sat7uk.org](http://www.sat7uk.org)**

today for the latest news  
on SAT-7's work in the  
Middle East.



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