



# PRAYER DIARY

**For SAT-7 and the Middle East**

February 2026

**SUNDAY 1 FEBRUARY****PERSIAN-SPEAKING YOUTH AND CHILDREN**

"All your children will be taught by the Lord, and great will be their peace" (Isaiah 54:13). This week, we will be focussing on our young viewers in the Persian-speaking world. Let us start by praying for SAT-7 staff members who create programmes for, and interact with, these young ones. May they teach the things of the Lord and share His peace.

**MONDAY 2 FEBRUARY****GOLPAND**

"Lord, thank you for giving us a programme like *Golpand* and all the programmes of SAT-7 PARS, which help us get closer to you," prayed Fariba, a girl from Iran. "With the help of [SAT-7's] programmes, we learn more about God every day." Thank God for Fariba's enjoyment of our channel and pray that many more young Iranians will learn about the wonders of God through *Golpand*.

**TUESDAY 3 FEBRUARY****CHURCH4KIDS**

*Church4Kids* is helping Persian-speaking Christian children overcome isolation and discouragement through interactive Bible teaching, worship music and prayer. Thank God for this live social media show and pray that it will further His kingdom.

## WEDNESDAY 4 FEBRUARY

### FUTURE OF IRAN

There is a great desire for change in Iranian society, but the government only doubled down its approach in the aftermath of the 'Woman. Life. Freedom' protests of 2022 and 2023. Pray that God will raise up young changemakers to impact society for good.

## THURSDAY 5 FEBRUARY

### "WITHIN OUR HEARTS"

"As Christians, we believe that changing the world starts from within our hearts," said Armita, an Afghan teenage girl living in Tajikistan who regularly contacts our presenters. "The world becomes a better place when people's hearts are changed and this can only happen through the love and grace of Jesus Christ." Thank God for what Armita shared, and pray for God's blessing on her and her family.

## FRIDAY 6 FEBRUARY

### SUN OF HOPE

Dari-language programme *Sun of Hope* is bringing free primary-level education to young Afghans. Pray that the programme's viewers will make real progress academically and put their new knowledge to good use.

## SATURDAY 7 FEBRUARY

### VIEWER CONNECTION

"[SAT-7 presenter] Meersedeh suggested that I get a gratitude journal," said young Nava. "Since then, I've witnessed a deepening of my relationship with God and many significant changes in my life. I am also grateful for your presence, understanding and insight." Pray that the connection between our Persian viewers and staff will continue bearing fruit.



**SUNDAY 8 FEBRUARY****"ALL THOSE IN AUTHORITY"**

"I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness" (1 Timothy 2:1-2). Pray for God to move powerfully among the leaders and monarchs of the MENA.

**MONDAY 9 FEBRUARY****GHASAN FROM TUNISIA**

"I want to have a relationship with God, but I still commit sins," said Ghasan, a man in his thirties from Tunisia. "How can I be saved?" Praise God that our team was able to have several profound conversations with Ghasan and lead him to faith. Pray he will grow in godliness!

**TUESDAY 10 FEBRUARY****ARTISTIC TALENTS**

Many of SAT-7's staff and programme guests use their creative and artistic talents – such as musicianship, camera work, design, scripting and more – to bless people in the MENA. Pray they will develop a biblical understanding of creativity and continue to sharpen their skills.

**WEDNESDAY 11 FEBRUARY****ONLINE BULLYING**

Social media can be a desperately difficult thing for young people to navigate. Pray for Christian children in the MENA who have been subject to bullying online, that they will find healing and support from God and their loved ones.

FOCUS



## THURSDAY 12 FEBRUARY

### LOCAL CHURCHES

If it is safe for our viewers to engage with their local churches, SAT-7 encourages that. If it is not, SAT-7 helps people connect to the Body of Christ through live broadcasts of church services and online fellowship groups. Pray for greater collaboration between SAT-7 and local churches in the MENA.

## FRIDAY 13 FEBRUARY

### KDEC FRIDAY SERVICE

SAT-7 ARABIC broadcasts the Friday service at Kasr El-Dobara Evangelical Church in Egypt (pictured above), helping Arab Christians access high-quality teaching and beautiful worship music every week. Pray for the church congregation to experience God's guidance and provision this year.

## SATURDAY 14 FEBRUARY

### FIROZEH FROM IRAN

"I have been watching *Church4Kids* for about four years and I am keen to know more about God and to learn more about the Bible," said Firozeh, a girl from Iran. "I would really like to be in a church in person and to see what it is like. Last year I went to a local Armenian church and I was glad to be allowed in." Pray that Firozeh will find a way to connect with Christians in person more regularly.

**SUNDAY 15 FEBRUARY****“GRATITUDE IN YOUR HEARTS”**

“Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts” (Colossians 3:16). Thank God for the uplifting moments you have enjoyed while gathered with His people. May more people in the MENA know that feeling.

**MONDAY 16 FEBRUARY****WELL CONNECTED**

“[Fifteen years ago] I became acquainted with the Gospel through a friend whose brother was a pastor in Türkiye,” said Parastoo, an Iranian woman. “In recent years, after becoming familiar with Christian television networks, my faith was revived. I connect online on Sundays and participate in live programmes, and now I attend prayer meetings and teachings.” Pray that Parastoo will help other Iranians participate in Christian gatherings.

**TUESDAY 17 FEBRUARY****RESURRECTION BAPTIST CHURCH**

SAT-7 broadcasts church services live from Resurrection Baptist Church in Lebanon, helping Christians in the region connect with the wider Body of Christ even if they are restricted from it in their local area. Pray that viewers will be inspired in their faith as they engage with the services.

**WEDNESDAY 18 FEBRUARY****LENT BEGINS**

Christians in the UK celebrate the start of Lent today, and most MENA churches begin Lent next week. Pray for Christians in the UK and around the world who are seeking God in special ways during this time. May they hear His voice and encounter His love as they gather and reflect.

For more Lent prayer ideas, visit [sat7uk.org/lent](https://sat7uk.org/lent)

**THURSDAY 19 FEBRUARY****YEMEN**

Yemen is one of the most dangerous countries in the world for Christians to live in. As Yemeni Christians live out their faith in secret, pray that they will find safe ways to grow in faith, such as by engaging with SAT-7's resources.

**FRIDAY 20 FEBRUARY****HELEN FROM SUDAN**

"It has been a wonderful journey for all of us, gaining more knowledge and treasures about the Bible," said Helen, a teenage viewer of *Jesus Is Our Strength* who comes from Sudan. "Thank you for your constant encouragement." Pray that Helen will share her encouragement with others.

**SATURDAY 21 FEBRUARY****INTERNATIONAL MOTHER LANGUAGE DAY**

SAT-7 broadcasts in three main languages – Persian, Arabic and Turkish – as well as regional variants and dialects. This International Mother Language Day, thank God for the beauty of language and pray that our viewers will be touched by hearing the Gospel in their mother tongue.

**SUNDAY 22 FEBRUARY****"FOLLOW ME"**

"As Jesus went on from there, he saw a man named Matthew sitting at the tax collector's booth. 'Follow me,' he told him, and Matthew got up and followed him" (Matthew 9:9). As Jesus called Matthew, so He is calling people from all over the MENA. Pray that they will get up and follow Him!





## **MONDAY 23 FEBRUARY**

### **SAT-7 TÜRK**

SAT-7 TÜRK, which celebrated its tenth anniversary last year, continues to broadcast Christ-centred programmes to the Turkish-speaking world 24/7. Thank God for the continuation of this part of SAT-7's ministry, and ask that He might shape it to achieve His purposes in the coming years.

## **TUESDAY 24 FEBRUARY**

### **LET'S TALK ABOUT THIS**

*Let's Talk About This* on SAT-7 TÜRK tackles life's biggest issues head on – including mental health, faith, and grief – and assures Turkish viewers that they are not alone in their struggles. Pray that viewers will find hope and encounter the love of God through this programme.

## **WEDNESDAY 25 FEBRUARY**

### **THE BIBLE**

"I've been watching [*Let's Talk About This*] for two days now, and it's really nice and educational," said Damla, a woman from Türkiye. "Could you also send me a link to the Bible?" Pray for the Holy Spirit to illuminate the pages of the Bible as Damla reads it.



**THURSDAY 26 FEBRUARY****STAFF TEAM**

SAT-7 TÜRK's staff team, based at our Istanbul studio, has had to show resilience in abundance in recent years, with their country experiencing several traumatic events including a catastrophic earthquake, attacks on churches, an epidemic of violence against women, and waves of riots. Throughout it all, the team has kept their channel up and running and supported Turkish Christians. Pray that they will know God's comfort and encouragement as they push ahead.

**FRIDAY 27 FEBRUARY****NARROW DOOR**

SAT-7 TÜRK programme *Narrow Door*, which returned for its second series in the autumn of 2025, is a news show with a twist. Pray for wisdom for its presenters as they discuss the spiritual lessons and human stories behind current events.

**SATURDAY 28 FEBRUARY****ENCOURAGEMENT**

We recently heard from a Turkish man named Hamdi who has been following SAT-7 TÜRK programme *Encouragement Hour*. He said: "This programme has been a tremendous blessing in my life! Thank you very much! May God bless you and your efforts." Thank God for this programme's impact and pray that more Turkish people will find our programmes and be blessed by them.

Visit

**[www.sat7uk.org](http://www.sat7uk.org)**

today for the latest news  
on SAT-7's work in the  
Middle East.



**SAT-7 UK**

Registered Charity No. 1060612

Post: PO Box 3941, Chippenham SN15 9HQ

Tel: 01249 765865