



PRAYER DIARY



For SAT-7 and the Middle East

May 2026

FRIDAY 1 MAY UNDERSTANDING THE BIBLE

In a region where many people dismiss or misunderstand the Bible, SAT-7's work to illuminate its truths is deeply valuable. Pray for SAT-7's channel managers, that they will find innovative ways to help their viewers understand the main themes of the Bible and come to know the God behind it.

SATURDAY 2 MAY NOURAIDA FROM SYRIA

"I want to pray more and get closer to the Lord," shared Nouraida from Syria. "There are things in the Bible that I still don't understand." Our Viewer Support Team encouraged Nouraida to read God's Word daily and connected her with a discipleship team. Pray that her faith will blossom!

SUNDAY 3 MAY "CALL TO ME AND I WILL ANSWER YOU"

"Call to me and I will answer you and tell you great and unsearchable things you do not know" (Jeremiah 33:3). As Jeremiah was invited by God to dig deep into divine mysteries, pray that more of our viewers will call on the Lord and discover great things.

MONDAY 4 MAY QUESTION MARK

"We are suffering and without the Church," said Manouchehr, a long time viewer of *Question Mark* on SAT-7 PARS. "Jesus Christ placed you on my path for teaching and nurturing in God." Ask for God to make this Bible-teaching programme even more fruitful.

TUESDAY 5 MAY**WIZZO THE KING OF ANSWERS**

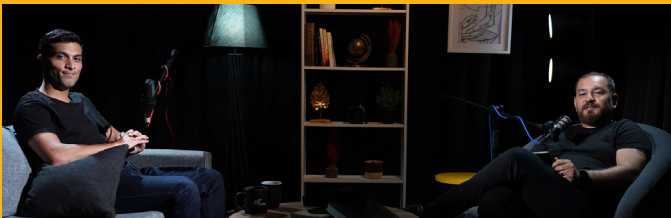
Wizzo the King of Answers on SAT-7 KIDS teaches Bible stories to children using quizzes, challenges, and games. Pray for God to work through the presenters of this programme as they seek to bring the Bible to life.

WEDNESDAY 6 MAY**CELIN FROM EGYPT**

Celin, who watches youth programme *In His Image* on SAT-7 ARABIC, wrote to us to say: "I love you so much! I learn a lot from the programme... [it] helps us understand everything in the Bible." Pray for God's blessing on those involved with this programme, that they will help more children in the way they are helping Celin.

THURSDAY 7 MAY**LET'S TALK ABOUT THIS**

SAT-7 TÜRK talk show *Let's Talk About This* (below) is helping viewers develop a well-informed Christian faith in a country where the teachings of the Bible are widely misunderstood and often unexplored. Pray for the presenter, Volkan Kaysar, to impart God's wisdom and love to viewers.

**FRIDAY 8 MAY****ZOOM TEACHING SESSIONS**

"I've been attending [the SAT-7 PARS Zoom teaching sessions] for about two months now," shared Kamand, a man from Iran. "I really love my new path. I'm still at the beginning of this journey, but I read the Bible every day and am learning." Pray that the Zoom teaching sessions will continue to illuminate the pages of the Bible for new believers like Kamand.

SATURDAY 9 MAY**BANAFSHEH FROM AFGHANISTAN**

“My family still doesn’t know about my faith, as saying such a thing is very difficult in Afghanistan,” shared a woman named Banafsheh, who is also facing a very difficult family situation. Let’s join in her prayer: “Pray that God will open the closed doors for me, calm my heart and guide me on the right path.”

SUNDAY 10 MAY**SYRIA**

The situation for Christians in Syria has become incredibly dangerous since the fall of the Assad regime, with a deadly bombing of a church in Damascus last June emotionally impacting Christians across the country. Pray that believers in Syria will be strengthened in their faith and know peace and safety.

MONDAY 11 MAY**SAT-7 TÜRK VIEWER CENGIZHAN**

“I met the Lord Jesus Christ in October [2025], and now I feel closer to God,” said Cengizhan, a male SAT-7 TÜRK viewer. “My prayers are being answered, I am happy and peaceful. Please pray for me to know Him better and to grow. I thank the Lord for drawing me to Himself. I love to watch your channel.” Let’s respond to Cengizhan’s prayer requests to know God better and grow in faith.

TUESDAY 12 MAY**BAKING WITH SAHAR**

Baking with Sahar (pictured) marks an exciting new chapter for SAT-7 PARS, as it is the channel’s first programme filmed on location in Iran for many years. Pray that this uplifting cooking show will draw new viewers to SAT-7 PARS.



FOCUS

WEDNESDAY 13 MAY

POWER TO OVERCOME

Sometimes, the obstacles people face in life seem insurmountable. But Jesus tells us that “with God nothing is impossible” (Matthew 19:26b). In light of this, let’s ask to be filled with confidence in the power of God, as we prepare to pray for the obstacles God’s people in the MENA are facing.

THURSDAY 14 MAY

OVERCOMING FEAR

When the presenters of Arabic youth programme *Jesus Is Our Strength* asked their viewers what they would like to overcome in their lives, several viewers said ‘fear’. Pray for every viewer who engaged with this episode to encounter the love of God which casts out all fear.

FRIDAY 15 MAY

KIA FROM IRAN

“Three years ago you prayed for me and my wife, and we came to faith,” said Kia from Iran. “We have always overcome hardships thanks to your prayers for us.” Pray God will richly reward the SAT-7 PARS staff who have prayed for Kia and his wife!

SATURDAY 16 MAY

ON THE ROAD WITH JESUS

One recent episode of new SAT-7 KIDS programme *On the Road with Jesus* retold the story of Jesus calming the storm from Mark 4. Pray that young viewers will learn to trust in God’s power and wisdom to overcome fear and anxiety.

SUNDAY 17 MAY**“POWER, LOVE AND SELF-DISCIPLINE”**

“For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline” (2 Timothy 1:7). Pray that SAT-7’s presenters will be brimming with the Holy Spirit’s power so they can be great role models, especially to our young viewers.

MONDAY 18 MAY**OVERCOMING ADDICTION**

In a survey, our Persian-speaking viewers chose *Our Neighbourhood* as one of their favourite SAT-7 PARS programmes, citing the show’s relaxed, relational approach and its Bible-based, testimony-heavy conversations. Pray that this programme, which is primarily geared towards helping viewers overcome drug addiction, will have an enduring legacy.

TUESDAY 19 MAY**WE GROW TOGETHER**

SAT-7 KIDS programme *We Grow Together* helps children find comfort in their pain, develop resilience by overcoming adversity, and express themselves in a fun and safe environment. Pray that viewers will be filled with hope as they watch along!

**WEDNESDAY 20 MAY****NERIMAN FORM
TÜRKIYE**

“The Lord saved me from cancer; I received healing through faith, and I stayed strong thanks to prayers,” said Neriman, a female SAT-7 TÜRK viewer. “May the Lord use this miracle to strengthen our family bonds, and may they also have faith.” Let’s echo Neriman’s prayer while praising God for his power to heal.

THURSDAY 21 MAY **NEW SERIES OF NASEEJ**

The third season of *Naseej* (pictured), a profound Christian talk show filmed in front of a live audience, is now airing on SAT-7 ARABIC. Pray that viewers will learn to live with clarity, hope, and wisdom as they watch in-depth discussions about relationships, prayer, and the Bible.



FRIDAY 22 MAY **FINANCES**

Pray for God to supply SAT-7's financial needs in the second half of this year, and for SAT-7's staff members to have peace, confidence and trust that He will do just that.

SATURDAY 23 MAY **FAITH AND DAILY LIFE**

Forogh, a woman from Iran, said she was "deeply grateful" after engaging in a series of SAT-7 PARS teaching sessions titled *Faith and Daily Life*. Here are some of the things she learned:

"In the lesson on doubt, I was reminded to bring my questions and doubts into God's presence and maintain my relationship with Him, not to let go, but to ask Him to show me what needs to change within me.

"In the second night's seminar, I felt inadequate and became anxious. I thank you for creating such a safe space that I could share my tumultuous state with you. In the presence of God, we can find peace.

"In the last session, I was reminded that Jesus Christ brings about transformation and change in my life at the right times. The heavenly Father will never abandon me, and He watches over me and provides a path for growth."

Praise God for Forogh's experience of these webinars and pray for the continued growth of her faith!

1996

30
Years

2026

OF MAKING GOD'S LOVE VISIBLE

SUNDAY 24 MAY**30 YEARS OF MAKING GOD'S LOVE VISIBLE**

"How could [families like these] ever be exposed to the Christian faith... unless... it was through a medium such as television?" This thought, which popped into the head of Dr. Terence Ascott near Cairo in **1982**, was the spark that would eventually lead to SAT-7's inception. Thank God for the vision He gave our founder and for the process that led to SAT-7's first broadcast.

MONDAY 25 MAY PRESENTERS AND LEADERS

In **1996**, SAT-7 opened its International Office in Nicosia, Cyprus, and weekly broadcasts began. Amazingly, Rita El-Mounayer – the current SAT-7 International CEO – presented a children's Bible story during the first-ever broadcast! Pray for a new generation of godly presenters and leaders to rise up.

TUESDAY 26 MAY VIEWER SUPPORT

By **1999**, offices had opened in the UK and in Egypt, and crucially, the Viewer Support journey had truly begun, with trained counsellors able to respond to the concerns of individual viewers over the phone. Pray that God will guide our current-day Viewer Support teams as they engage with viewers in new ways.

WEDNESDAY 27 MAY SAT-7 PARS

In **2006**, a new Master Control Room made it possible for SAT-7 to broadcast directly from its International Office in Cyprus, and at the end of the year, SAT-7 PARS was launched. Pray for God's ongoing blessing and protection over the PARS team.

THURSDAY 28 MAY SAT-7 KIDS

By **2007**, SAT-7 was offering 24 hours of regular programming on their digital channel every day. SAT-7 PARS was also up and running, and SAT-7 KIDS had been launched as its very own channel. Praise God for the growth of SAT-7 KIDS!

FRIDAY 29 MAY SAT-7 ARABIC

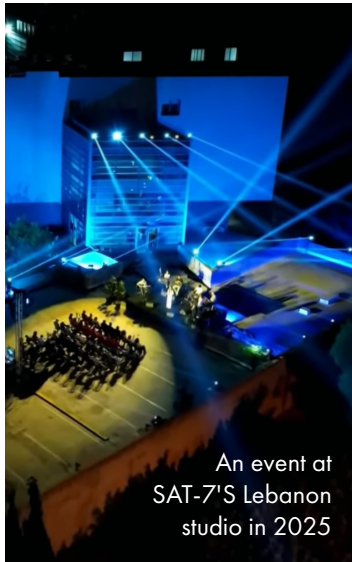
In **2009**, after years of prayer, SAT-7 ARABIC and SAT-7 KIDS went live on the most popular satellite platform in the region, enabling SAT-7 to reach millions of new viewers! Praise God for the impact of SAT-7 ARABIC in recent years and ask that He will guide them to impact new places and people groups.

SATURDAY 30 MAY SAT-7 TÜRK

In **2015**, a new building for the International Office was officially opened and SAT-7 TÜRK became the first and only Christian channel to broadcast on the Türksat platform. Pray for the ongoing flourishing of the SAT-7 TÜRK channel.

SUNDAY 31 MAY ENCOURAGEMENT

“Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name” (Psalm 100:4). 30 years on from SAT-7’s first broadcast, today the ministry serves the whole MENA region through four channels, three main languages, its online streaming platform SAT-7 PLUS, and dedicated Viewer Support teams. Praise God’s name for what He has done for and through SAT-7 up to **2026**, and ask that He will continue to use this ministry for His kingdom and glory!



An event at
SAT-7'S Lebanon
studio in 2025

Visit

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on SAT-7's work in the
Middle East.



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