



# PRAYER DIARY

**For SAT-7 and the Middle East**

June 2026



## MONDAY 1 JUNE

### PRAISE & WORSHIP

From hymns and rhymes to prayers and psalms, many SAT-7 programmes feature praise and worship in one form or another. This week, as we consider all the forms of praise that take place on our channels, ask the Holy Spirit to show you even more reasons to praise God.

## TUESDAY 2 JUNE

### SHOKOH FROM IRAN

“Thank you for the worship songs that glorify the name of God,” said Shokoh, a woman from Iran. “I ask the Lord Jesus Christ to grant me more wisdom so that I may praise Him more and more.” Thank God for Shokoh’s experience and pray that worship songs on SAT-7 PARS will uplift many more Persian speakers.

## WEDNESDAY 3 JUNE

### I DWELL IN HIM

*I Dwell in Him* is a new praise and worship programme on SAT-7 KIDS, inspired by the Psalms, which exists to encourage children facing difficult circumstances. Pray that viewers will encounter God through this programme and learn what it means to live a life of worship.

## THURSDAY 4 JUNE

### HEAVENLY WORSHIP

“I received a blessing from the song, and the presence of my Lord filled me with such warmth that I’m still crying!” said Shida, a woman from Iran, after watching *Heavenly Worship* on SAT-7 PARS. Pray that its eighth season will continue bearing fruit in the lives of its viewers.

## FRIDAY 5 JUNE SAT-7 TÜRK MUSIC VIDEO

Last autumn marked the 1700th anniversary of the Council of Nicaea, which took place in the modern-day city of İznik, northwest Türkiye. To celebrate, SAT-7 TÜRK produced a powerful remembrance song relating to the Nicene Creed. It garnered nearly half a million views on YouTube! Thank God for the impact of the song and pray Turkish Christian will continue to be inspired by the Creed.

## SATURDAY 6 JUNE PROM PRAISE

SAT-7 is partnering with Langham Arts at this year's Prom Praise event at the Royal Albert Hall – which happens tonight! Pray that God will be glorified through the event and that a new audience will be inspired by SAT-7's ministry in the MENA. Watch the livestream of the event at [sat7uk.org/prompraise](https://sat7uk.org/prompraise).

## SUNDAY 7 JUNE REVERENCE AND AWE

“Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe” (Hebrews 12:28). Ask the Holy Spirit to cultivate reverence and awe in your relationship with God.

## MONDAY 8 JUNE FREELY WORSHIP

“May it be that one day in my country, Afghanistan, we will be able to freely worship the Lord Jesus Christ,” said Behbod, a man from Afghanistan. Pray for all the believers in the MENA who, because of persecution, can only worship in a whisper. May their souls be strengthened until the day they can sing out loud!



**TUESDAY 9 JUNE****JOYFUL KITCHEN**

Produced in SAT-7's Istanbul studio and released last autumn, *Joyful Kitchen* (pictured below) is a life-giving cookery programme on SAT-7 PARS with a unique twist. Co-hosted by a child and a chef, the programme exists to encourage cooperation and communication among family members. Pray that, as families watch and laugh along, they will grow closer to the Lord and to each other.

**WEDNESDAY 10 JUNE****"I LOVE CHRIST"**

"I want to listen to you and get informed," said Kaan, a 50-year-old viewer of *Let's Talk About This* on SAT-7 TÜRK. "I am warm to the idea of Christianity, as from my experiences it feels like the most honest faith." Pray for Kaan's exploration of the Christian faith, that his watching SAT-7 will guide him in the right direction.

**THURSDAY 11 JUNE****SAT-7'S PRESENTERS**

Pray for SAT-7's faithful supporters around the world who are gearing up for summer fundraising activities. May they have inspired ideas, fresh energy, and good support from within their communities!

FOCUS



## FRIDAY 12 JUNE ONLINE SAFETY

The age of social media is fraught with possibilities, but also with risks, especially for young people. Pray for people in positions of leadership at SAT-7, that they will have discernment and wisdom as they seek to create more wholesome online spaces.

## SATURDAY 13 JUNE IN-PERSON EVENTS

Last summer, a team from SAT-7 KIDS visited schools and refugee camps in Lebanon to promote mental health awareness and online safety, whilst also highlighting the positive content available through SAT-7. Pray for God's protection and blessing on this team as they prepare more speaking engagements.

## SUNDAY 14 JUNE CHILDREN

"But as for you, continue in what you have learned... from infancy you have known the Holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus" (2 Timothy 3:14a, 15b). Pray that MENA children from Christian families will continue in what they have learned from the Bible.

## MONDAY 15 JUNE "I DIDN'T HAVE A SAFE COMMUNITY"

"When I tried to change, I didn't have a safe community that could help me develop my relationship with God," Imad from Syria told us. After we supported him and helped him sign up to a youth conference, he said: "Thank you for your concern; you have no idea how much this means to me." Pray that more young men in the Middle East would find safe communities through SAT-7.



## **TUESDAY 16 JUNE** **NADIM FROM ALGERIA**

“I began discovering the world on social media by myself, and I realized that Christians truly live with inner peace,” said Nadim from Algeria. “I started being drawn in without realizing it... even though I come from a different background.” Praise God that Nadim found out about Christianity through social media, built trust with our team, and ended up giving his heart to Jesus. May many more follow this pattern!

## **WEDNESDAY 17 JUNE** **“HARMFUL IDEAS”**

Veronica, a woman from Egypt, told us this: “I work with young people... whenever they speak with [other] girls, they often find their minds clouded by negativity absorbed from social media. Some have even told me... “we are being destroyed by harmful ideas.”” Pray that more believers in the MENA will commit to helping young women walk the narrow path, just like Veronica is doing.

## **THURSDAY 18 JUNE** **LED TO CHRIST**

Lale, a SAT-7 PARS viewer, said: “My sister and I found faith through social media and left our old way of life. We learn a lot from Christian programmes. The best programmes in my life are yours.” Pray that more people in the MENA who regularly use social media will be led to Christ through it!

## **FRIDAY 19 JUNE** **“TRULY SAFE”**

“Our children are truly safe watching SAT-7...It genuinely follows the teachings of the Bible,” said Marwan, a mother from Lebanon. Thank God that parents across the MENA feel this way about our channels!

## **SATURDAY 20 JUNE** **WORLD REFUGEE DAY**

Inspirational SAT-7 ARABIC talk show *You Are Not Alone* tells the stories of individuals and families who have made it through some of the toughest circumstances imaginable, such as refugees fleeing war. This World Refugee Day, pray that God will use this programme to comfort and encourage refugee viewers.

## **SUNDAY 21 JUNE** **THE GREAT LOVE OF THE FATHER**

“See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!” (1 John 3:1a). This Father’s Day, pray for young believers in the MENA who do not have a loving father figure in their life, that they will experience the great love of God the Father.

## **MONDAY 22 JUNE** **TRANSFORMATION**

New SAT-7 PARS programme *Transformation* (pictured below) helps isolated believers strengthen their faith by developing holy habits in daily life. Pray that as presenters discuss disciplines like silence, Sabbath rest, acts of service, fasting and thankfulness, viewers will grow in godliness.



## **TUESDAY 23 JUNE** **HASSAN FROM IRAQ**

Hassan, a young man from Iraq, became a Christian after speaking with our Viewer Support team, but he faces dangers. “Iraq is an unsafe country,” he said. “If people in my area knew I was a Christian, they would kill me.” Pray for Hassan’s safety, as well as wisdom and courage to keep following Jesus in his context.

**WEDNESDAY  
24 JUNE  
SAT-7 PARS  
VIEWER SUPPORT**

We recently asked Roozbeh Mahmid a series of questions about the SAT-7 PARS Viewer Support team he is a part of, which provides free counselling, prayer and discipleship to our Iranian viewers. Pray that Roozbeh will be filled with God's love and wisdom as he contributes to this crucial work.

**THURSDAY 25  
JUNE  
WHO IS IN THE TEAM?**

Roozbeh explained that the SAT-7 PARS Viewer Support team is extremely varied, consisting of eight people aged 20-60, half of whom live in Türkiye, with the others spread between Cyprus and the UK. Pray for a strong sense of unity among them.

**FRIDAY 26 JUNE  
WHAT IS THE MOST ENJOYABLE PART?**

Roozbeh answered: "Working with like-minded colleagues and being involved in reaching people with the good news of Christ; the unity of Spirit that is evident in interactions; and seeing the difference that is being made in the lives of people in Iran and Afghanistan." Pray the team will be encouraged by the difference they're making!

**SATURDAY 27 JUNE****WHAT IS THE HARDEST PART?**

“Providing counselling for people going through extremely difficult circumstances” is one of the hardest parts of the job, says Roozbeh, as well as “feeling unable to help in any practical way... [and] feeling guilty that we are safe and they are not.” Pray for God’s protection on the minds of our staff and peace for their hearts.

**SUNDAY 28 JUNE****HOW MANY VIEWERS DO YOU SUPPORT?**

The numbers vary greatly due to “the tendency of the connection with people in Iran to drop at any time depending on events in the country,” Roozbeh explained. Under normal conditions, Viewer Support staff might deal with 20 to 40 or more people in one day. Pray for God’s strength to manage their workload.

**MONDAY 29 JUNE****HOW WOULD THE TEAM LIKE TO GROW?**

Roozbeh shared that the team would like to grow in their ability to “answer questions in ways that are both practical and effective in getting through to traumatised people.” Pray that God will help our Viewer Support team to support viewers through trauma in the best way possible.

**TUESDAY 30 JUNE****HOW CAN WE PRAY FOR THE TEAM?**

“Pray for renewing of the Holy Spirit, especially in the heaviness of these days – the team spend everyday hearing about people’s suffering,” said Roozbeh. “Pray that they are sustained and able to speak God’s words every day to the people they serve.”

Visit

[www.sat7uk.org](http://www.sat7uk.org)

today for the latest news  
on SAT-7's work in the  
Middle East.



**SAT-7 UK**

Registered Charity No. 1060612

Post: PO Box 3941, Chippenham SN15 9HQ

Tel: 01249 765865