PRAYER DIARY

For SAT-7 and the Middle East

November 2026

SUNDAY 1 NOVEMBER
BIBLE HEROES

"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us" (Hebrews 12:1). This week, as we consider some of the great men and women from the Bible whose stories are being told through SAT-7, let's pray that we too will be inspired by their witness.

MONDAY 2 NOVEMBER
MOSES

SAT-7 KIDS programme *Luca Super Hero* sees its young co-presenter, Luca, get thrown into Bible story scenes. When he visits Egypt in the time of the Exodus, he realises how difficult it must have been for Moses as he helped deliver God's people. Pray that young viewers will learn important life lessons from this show!

TUESDAY 3 NOVEMBER
ESTHER

One episode of SAT-7 PARS programme *Our Neighbourhood* focused on the idea of Christian resistance and struggle. After seeing it, Shida from Iran commented: "Esther is a shining example of courage, resistance, and struggle against evil, with daily prayers and reliance on God." Pray that more Christian women in the MENA will be inspired by Esther's story.

WEDNESDAY 4 NOVEMBER
PAUL

SAT-7 PARS documentary *Paul's Footsteps in Cyprus* explores the key moments from the Bible writer's time on the island. Pray that viewers will be inspired by Paul's passion for Jesus.

THURSDAY 5 NOVEMBER
SARAH

World of Women's Thoughts on SAT-7 PARS (pictured right), which is centred around the stories of women in the Bible, helps Tajik Christian women find encouragement for daily life. Pray that an episode about Abraham's faithful wife Sarah – now available on SAT-7 PLUS – will continue to bring hope to Tajik women.

FRIDAY 6 NOVEMBER
DANIEL

"I didn't know the story of Daniel, but I learned it from you," said Nouna, a young girl who watched SAT-7 KIDS. "I learned something new: always be confident in the Lord Jesus. When anyone asks us something, we should be certain that the Lord will give us the answer and not be afraid." Pray for Nouna, and other young viewers like her, that their confidence and trust in Jesus will keep growing.

SATURDAY 7 NOVEMBER
JOSIAH

"The episode was amazing, and King Josiah's story truly encouraged me," said Ivan, a boy from Egypt who watches *In His Image* on SAT-7 KIDS. "Thank you for teaching me things I never knew before. My brother and I love you very much." Pray for Ivan and his brother to follow in the footsteps of King Josiah, growing in wisdom, humility, and faithfulness.

SUNDAY 8 NOVEMBER
THE WAY TO GOD

"As soon as Jesus was baptised, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him. And a voice from heaven said, 'This is my Son, whom I love; with him I am well pleased'" (Matthew 3:16-17). The Father, the Son and the Holy Spirit are seen with beautiful clarity at Jesus' baptism. Pray that our viewers will learn clear Trinitarian theology through our programmes.

MONDAY 9 NOVEMBER
LIDA FROM IRAN

"Thank you for always making us think more and learn new things," said Lida, a *Church4Kids* viewer from Iran. "These days, I want to learn more about God and His infinite love; how to draw closer to Him every day and live by His words." Let us pray for Lida using her own words: "I ask God to help my heart be filled with love, peace, and joy every day, and to be able to show His light to those around me."

TUESDAY 10 NOVEMBER
THE ROCK

The Rock, broadcasting on SAT-7 ARABIC and streaming service SAT-7 PLUS, tells the carefully-researched story of how the Christian faith came to Egypt and the opposition it faced as it started to spread among the people. Pray this series will empower Egyptian Christians and intrigue non-believers.

WEDNESDAY 11 NOVEMBER
GÖKÇE FROM TÜRKIYE

"I see Jesus Christ in my dreams," said Gökçe, a woman from Türkiye. "It's strange, but He walks with me, and I am grateful for His presence." Pray that more and more Turkish people will see Jesus in their dreams and start to walk with Him.

THURSDAY 12 NOVEMBER
ARABIC SOCIAL MEDIA

SAT-7 ARABIC is so much more than a TV channel, with more than five highly active social media brands, each with unique messaging and initiatives. Pray for the cohesion of all the channel is working on, and for God's hand to guide all they do.

FRIDAY 13 NOVEMBER
SAT-7 PARENTS

The 'SAT-7 Parents' pages share parenting tips, biblical encouragements and advice to build a strong family. Thank God this page has nearly three quarters of a million followers on Facebook, and pray that those creating posts will be filled with godly wisdom.

SATURDAY 14 NOVEMBER
SAT-7 YOUTH

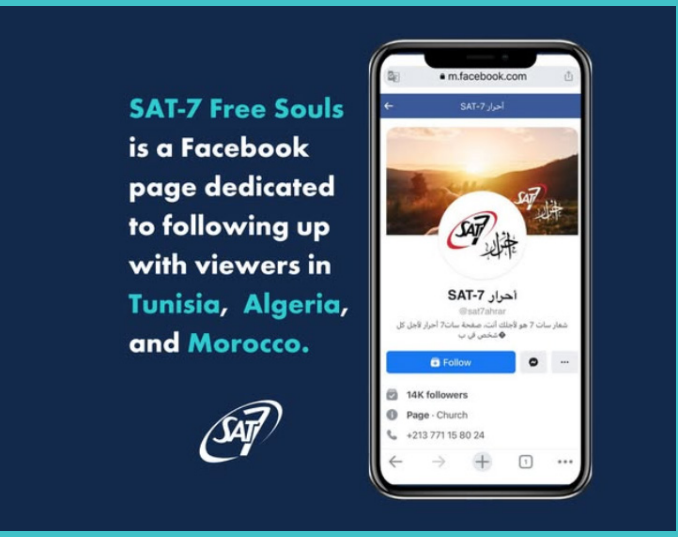
Our 'SAT-7 Youth' brand primarily shares clips from our youth programmes on a wide range of topics, from questions about faith to and understanding emotions. Pray that young people on social media will stumble across this material at the right time and be encouraged to follow Jesus.

SUNDAY 15 NOVEMBER
TRYING TO PLEASE GOD

"On the contrary, we speak as those approved by God to be entrusted with the gospel. We are not trying to please people but God, who tests our hearts" (1 Thessalonians 2:4). Pray that SAT-7's Arabic staff will be motivated to please God, not people, when sharing on social media.

MONDAY 16 NOVEMBER
SAT-7 FREE SOULS

The 'SAT-7 Free Souls' brand exists for seekers and believers in North Africa, and shares a mix of thought-provoking images and Bible-based discussion clips. Pray for Christians in the region who struggle to find community and good Christian resources, that they will discover this page and be encouraged by it.



TUESDAY 17 NOVEMBER
SAT-7 WORSHIP

Broadcasting joy and hope in the form of music, 'SAT-7 Worship' reaches nearly a quarter of a million accounts on Facebook alone. Pray that as people see clips of heartfelt praise, their souls will be uplifted and they will marvel at God's goodness.

WEDNESDAY 18 NOVEMBER
SAT-7 KIDS

Our channel for Arabic-speaking children, SAT-7 KIDS, has a private Facebook group for children and their parents or guardians. Pray children will enjoy a truly biblical and uplifting experience while interacting with this page.

THURSDAY 19 NOVEMBER
"SEARCHING FOR THE TRUTH"

"It is almost impossible to find a Bible in any bookstore," said Seba from Morocco. "I have been searching for the truth for some time because I have serious doubts. I wanted to learn about Christianity." Thank God for Seba's desire for truth and pray that he will find, and share, the Good News about Jesus.

FRIDAY 20 NOVEMBER
REFUGEES

As winter approaches, refugees across the MENA will be anxious to find secure and warm dwellings. Pray that more Christians in the region will work towards setting up safe, hospitable places for them.

SATURDAY 21 NOVEMBER
WORLD TELEVISION DAY

Although global habits are changing quickly, televisions are not in danger of becoming obsolete; rather, they seem destined to fulfil a new role as one of several digital devices within most households. This World Television Day, pray that SAT-7 will act strategically to continue serving families in a way that suits their watching habits.

SUNDAY 22 NOVEMBER
GOOD COMPANY

"Do not be misled: 'Bad company corrupts good character'" (1 Corinthians 15:33). Pray for our young viewers as they choose who – and what – to surround themselves with. May they choose friends who encourage their faith and content that is based on truth and made with love.

MONDAY 23 NOVEMBER
WIDOWS & ORPHANS

The Bible is a complex book, and some passages are difficult to understand at first. But one teaching that could not be clearer is that the Church must care for those who have suffered loss, especially the loss of a parent or partner. Pray that God will give you a greater portion of His compassion towards widows and orphans this week.

TUESDAY 24 NOVEMBER
WAR-IMPACTED FAMILIES

Over 7,000 people were killed in the early months of the war against Iran. Pray for children who have lost their parents, and spouses who have lost their partners, due to the fighting. May they know God's comfort and courage.

WEDNESDAY 25 NOVEMBER
MAGDA FROM EGYPT

"I am a widow in my sixties, and I hope God will accept me and have mercy on me," said Magda, a woman from Egypt. "I have many problems in my life, and I wish God would hear my cries." Thank God that our Viewer Support team were able to listen to Magda and guide her into the merciful arms of Jesus.

THURSDAY 26 NOVEMBER
DYSFUNCTIONAL HOMES

"My father and mother have had problems since I was young, and this has affected me psychologically," said Kiram, a young woman from Morocco whose burdens felt "lighter" after speaking and praying with our team. Pray that Kiram and other viewers from dysfunctional homes will know God's love and guidance.

FRIDAY 27 NOVEMBER
MY LIFE GAINED MEANING

"I have been an orphan since I was 7 years old," said Mousa, a male SAT-7 ARABIC viewer, whose childhood included maltreatment from his stepmother and abuse from a neighbour. After speaking at length with our Viewer Support Team, he said: "I have changed. I was exhausted and burdened by sins and transgressions. But after getting to know Christ, my life gained meaning." Praise God for this change!

SATURDAY 28 NOVEMBER
PROVIDER

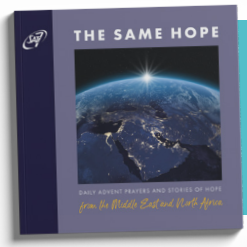
"I have just come to faith in Christ, but I don't know much about the faith," said Erfan from Afghanistan. "I have no family, my parents have passed away... Every night I sleep in a different place and often go to bed hungry. Please pray for me." Pray for Erfan and others like him in Afghanistan, that they will know God as Provider.

SUNDAY 29 NOVEMBER
DUTY TO CARE

"Learn to do right; seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow" (Isaiah 1:17). Pray that SAT-7's programming will reflect biblical teachings about our duty to care for those without parents or partners.

MONDAY 30 NOVEMBER
FATHER HEART

One recent episode of *Christian Youth* on SAT-7 PARS discussed the Father heart of God. Pray for viewers who do not have good role models to be drawn into a right relationship with their Heavenly Father.



Our daily prayers continue in *The Same Hope*, our new Advent prayer guide. Visit **sat7uk.org/advent** to find out more!

Visit

www.sat7uk.org

today for the latest news on SAT-7's work in the Middle East.

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